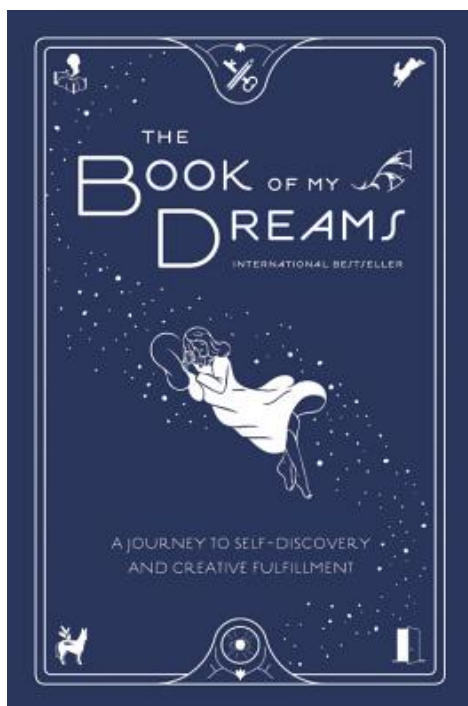


# Acquista eBook The Book of My Dreams: A Journey to Self-Discovery and Creative Fulfillment

By Little Brown



## Books Details

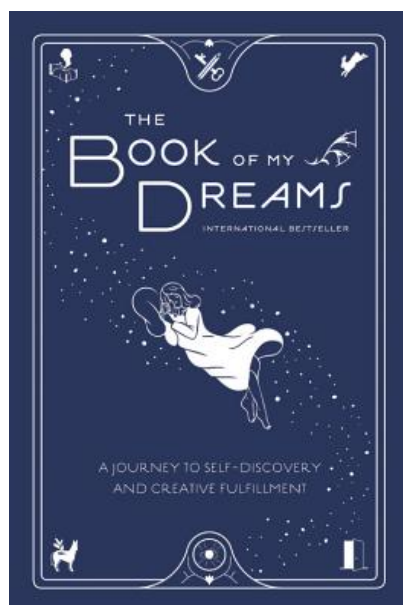
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## Books Descriptions

Only you can write the book of your dreams... As personal and unique as fingerprints, our dreams are our best way of peeking in to the workings of our subconscious mind.

More often than not, they reflect everything we never say out loud, not even to ourselves. But dreams can be a map of our desires, our fears, and even our hidden potential. Discovering the power of dreams is key to living the life you want, even if what you want might not be apparent on first glance. The Book of My Dreams is your guide to understanding your truest self. By capturing your dreams and identifying the meanings and patterns behind the adventures you experience each night, you can discover what you truly desire--and awaken the power of your inner creativity. The Book of My Dreams is unique. Like your dreams. Like you.

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